

# CALPE SCHOOL

## Meat Free Monday Month

### 1st - 25th June 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st - 5th June	<p>Cheese &amp; Broccoli Balls served with roasted potatoes</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Tuna Arrabiata, grated English cheddar &amp; carrot sticks</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Chicken, chickpea &amp; vegetable casserole with couscous</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Lasagne &amp; Carrot sticks</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p><b>FISHY FRIDAY</b> Salmon &amp; leek fishcakes with baked beans</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>
8th - 12th June	<p>Lentil &amp; Courgette Burgers served with carrot, apple &amp; sultana salad</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Traditional Shepherd's Pie with lentils, courgettes &amp; carrots</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Chicken, carrot &amp; leek bake with roasted cherry tomatoes</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p><b>BANK HOLIDAY</b></p>	<p>Garlic &amp; Herb Fillets of Chicken "A La Plancha" with chips &amp; steamed broccoli</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>
15th - 19th June	<p>Chickpea &amp; Veggie Curry served with Couscous &amp; Hummus Flatbreads</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Spinach, avocado and chicken Quesadilla with chips &amp; sliced red pepper</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Turkey and vegetable stew with sweet potato mash &amp; roasted cauliflower</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Veggie-packed beef patties with jacket potato wedges</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p><b>FISHY FRIDAY</b> Fresh breaded fish fillets with chips</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>
22nd - 25th June	<p>Cheesy jacket potatoes &amp; baked beans</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Two bean chilli con carne, steamed rice and corn chips</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Chicken fricassee with leeks, celery &amp; sauteed potatoes served with roasted cherry tomatoes</p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	<p>Homemade pizza, with tuna, ham or cheese with grated carrots, apples &amp; sultana salad</p> <p><b>LAST DAY OF TERM</b></p> <p>Fresh Mixed Salad &amp; French Bread</p> <p>Fruit/dessert</p>	